HIA BOOT CAMP

SURVIVAL GUIDE

2023 checklist

AFTER ENTERING YOUR CHAPTER’S BREAKOUT ROOM

□ Have paper and pen handy

□ Select a group facilitator (Survival Tip: Your facilitator does not have to be a chapter advisor or officer)

Introductions

□ Briefly introduce yourself (Name, chapter or college, and major)

ESSENTIAL ITEMS:

□ Find the following:

□ Members link on ptk.org: (Hint: [Members (ptk.org)](https://portal.ptk.org/Members.aspx))

□ Honors in Action link on ptk.org (Hint: [Honors in Action - ptk.org](https://ptk.org/programs/honors-in-action-details/))

□ Using this link, each volunteer in your group will need to find one of the following links and discuss how the resource will help with your chapter’s HIA project:

□ Honors in Action Program Guide

□ At-a-Glance

□ HIA Workbook

□ Planning Rubric

□ Academic Sources Guide

□ Developing a Research Question

□ Journaling Guide

□ Sample HIA Project

□ Film Resources

□ Bibliography

□ Honors in Action Grants

□ Honors Institute

□ Civic Scholar

□ Research Edge

Discussion of “THE ART AND SCIENCE OF PLAY” ESSAY BY SUSAN EDWARDS

Before entering Boot Camp, you were asked to review “The Art and Science of” by Susan Edwards. You will find her essay on **pages 6-9 of the Honors Program Guide**. All are welcome to participate even if you skimmed through the essay. Here is the link to the Honors Program Guide.

[Honors Program - Phi Theta Kappa (ptk.org)](https://www.ptk.org/benefits/honors-program/)

Briefly discuss the following three questions:

□ Which one of the seven themes resonates with you and why?

□ When you think of the quote “…we have 4,000 weeks to work and play and create meaning in your lives,” do you feel pressure or freedom to do what you really want?

□ On page 7, play reduces stress, increases energy and brain function, boosts goalsetting, and promotes creativity among other positive attributes. Why don’t we play more?

BREAKING DOWN THE RUBRIC

□ Which of the tips and/or ducks are the most helpful to know?

□ What challenges do you foresee in your chapter’s HIA project?

□ Review questions 3, 5, 6, 7, OR 8 and discuss which of the criteria best fits the respective question.

Cite it right! Introduction to APA format citations

□ Other than the resources stated by Mr. Addotta, discuss other ways to make sure your sources are correctly cited.

□ Which other tips have helped you or your chapter teammates?

Thank you for taking part in this workshop!

Take a break!